

## **A reflection for autumn**

Change.

There's change in the air.

Change in seasons. Change in weather.

Change in light. Change in colours.

Change in clothes. Change in mood.

There's change in the air.

Changing climate. Changing news.

Changing nations. Changing policies.

Changing finances. Changing worries.

There's change in the air.

Change in families. Change in communities.

Change in health. Change in roles.

Change in hopes. Change in fears.

Change.

Change is always in the air.

Change around us, and change within us.

Change as we live and grow and die.

And in all change, God is full of constant love.

In all change, Jesus is with us always.

In all change, the Spirit is comfort and challenge.

There's change in the air. There's change in life.

Know that God is with us all, in change and bringing change.