

## **A reflection for February**

All you need is love.

The Beatles were right.

All we need is love – to connect us to other people, to connect us to the rest of creation, and to connect us to God, our Creator and heavenly Mother & Father.

But love needs to come in many shapes and sizes – just as we do.

Love comes in very practical forms – care for refugees, campaigning for people's rights, tending for animals, soup for a sick neighbour, changing a lightbulb...

Love comes in quiet forms – a smile, a gentle touch, thought for another's feelings, listening properly, taking time with one another...

Love comes in spectacular forms – big gestures, heart-stopping moments, the terrible pain of loss, the wild joy of time with someone...

Love comes from God, who is love. Love comes from God, who shows us how much we are loved through living and dying beside us. Love comes from God, who wants to transform us into the very best we can be, into the greatest fullness of life and love, now and always.

Love is way bigger than Valentine's Day. It's way more important than cards & flowers, no matter how nice. Love shapes us and our living, through encounter with the living, loving God.

Love is the Maker, and Spirit, and Son;  
love is the kingdom their will has begun;  
love is the pathway the saints all have trod:  
God is where love is, for love is of God.

("Love is the touch of intangible joy" by Alison M. Robertson)  
(Church Hymnary 4 no. 115)