

## A reflection for autumn



Change...

Change comes, with loss, with passing, with endings.

Change comes, with new colours, with different light, bearing fruit.

We see this in autumn.

We see this in life.

We see change, we live change, life is change.

And whatever change we see and know, we never go through change alone. God is our shepherd through it all – in green pastures and in the valley of the shadow of death (Psalm 23). Jesus is our companion, listening to our confusion, feeding our souls (Luke 24). The Holy Spirit is given to us, transforming us, so that we may bear God's fruit and help change the world (Galatians 5).

Change... What does that mean to you today?

May you know God is with you, in the change and bringing change.